

Information about Oslo and Blindern Campus

Getting to Oslo from Oslo Airport Gardermoen:

- **Flytoget** – Airport Express. The most comfortable option. You can pay with your card directly on the way onto the train, by a ticket on <https://flytoget.no>, or download their app.
- **Vy** – Regular train. Cheaper. Buy a ticket on www.vy.no, on their app, or at a machine at the airport.
- **Flybussen** – Bus, takes a little longer, but is cheaper and has more stops around the city center. <https://www.flybussen.no>

Getting around Oslo:

- The app “**Ruter**” gives you access to all public transport around Oslo: <https://ruter.no>
- About the app: You can set the app to English when you download it. You can choose a day-pass or multi-day pass, or to buy single trip tickets.
- When moving around in Oslo and to the Blindern campus, you only need to consider what is called zone 1, so you do not have to put in where you’re going but simply choose “buy ticket”.
- The app also helps you plan your travel by tram, bus, subway, or ferry (and even electric bikes or scooters if that is your thing! See also <https://oslobysykkel.no>).

Blindern: is the University of Oslo’s main campus and is where the conference is held.

Please see the map over places to eat and drink on campus, which has embedded links on the names of each place to eat.

- Blindern is easily accessible by subway (T-bane). Take lines number 4 or 5 to the stops Blindern or Forskningsparken.
- You can also take trams number 17 or 18 to the stop Universitetet Blindern.
- The conference is held in **Sophus Bugge’s house** (number 1 on the map) close to the top of the campus. In this building, there is a library on the second floor where one can relax or read. The bathrooms are in the basement. There is also a student café in the basement, Uglebo.
- The main library for the humanities is found further down on campus, in **Georg Sverdrup’s house**. Here there are bathrooms in the basement and a nice café called Georg on the second floor (number 5 on the map).
- If you feel like stretching your legs a little and having a more sit-down lunch/ break there is a café called Eckers just outside the campus area where they have salads, wraps, smoothies, and drinks (number 4 on the map).
- **The cafeteria called Frederikke Spiseri (number 6 on the map) will be our main place for lunches**, as it is the biggest place on campus, and they have prepared for our rather large group. They serve hot lunches, have a salad bar, and other options. It is easy to bring your food to the courtyard from here if you would like to enjoy your lunch outside.

Eating and drinking in Oslo:

Oslo consists of many different areas that offer different things to see and do, eat and drink. The areas listed below are where it is most popular to eat and drink, and many of the suggestions are based on personal preferences (Emma's). I have also included the suggestions made in the email about the reception at the City Hall.

Street food courts: If you want different options, something quick, or something to eat with your drink, I recommend one of the street food courts (mathall). They have a laid-back atmosphere food from all over the world, also vegan and vegetarian options.

- Oslo Street Food: <https://www.oslo-streetfood.no>
- Barcode Street Food: <https://www.barcode-streetfood.no>
- Salt has a food court and outdoor service right on the waterfront, and also a sauna service:
- <https://www.salted.no>
- Vippra lies a short walk out past Salt: <https://www.vippa.no>

In the area around **Litteraturhuset** (where we have our poetry reading on Wednesday evening):

- Lofthus samvirkelag, a very good pizza restaurant at Kunstneres hus (The Artists' House) <https://kunstnerneshus.no/en/visit/restaurant-og-kafe>
- Lorry is a traditional restaurant/ pub right behind Litteraturhuset: <https://lorry.no/en/>
- Aperitivo is an Italian tapas restaurant: <https://www.aperitivoslo.no>
- Park 29 is a more exclusive European-style restaurant and bar: <https://www.park29.no>

City center / around Nationaltheatret and the City Hall and down toward Oslo S (Oslo Central Station):

- Scandal Plate serves burgers of all kinds: <https://scandalplate.no>
- Dimsum by Taste of China: <https://tasteofchina.no>
- Mamma Pizza: <https://www.mappizza.no/copy-of-mamma-pizza-dronningensgate>
- The wine bar Ostara also serves vegan food: <https://www.ostarabar.no>
- Esaias Mat og Vin serves small, tasty dishes: <https://www.esaiasmatogvin.no>
- Telegrafan is a whole house of bars, a restaurant, and activities: <https://telegrafenoslo.no>
- Svanen – a cocktail bar in an old pharmacy: <https://www.svanenoslo.no>
- Café Skansen is good for a drink and a more informal meal: <https://cafeskansen.no>
- Brasserie Hansken serves traditional French cuisine: <https://brasseriehansken.no>
- Sentralen is a modern restaurant with a focus on Norwegian food: <https://www.sentralenrestaurant.no>
- Engebret Café is a historical café and restaurant from 1857: <https://www.engebret-cafe.no>

There are several **seafood restaurants** in the area, for example:

- Skur 33 offers Italian style seafood for a reasonable price: <https://skur33.no>
- Solsiden Restaurant is more expensive but has excellent food: <https://solsiden.no>

Youngstorget which connects to **Torggata** is filled with popular restaurants, cafés, and bars:

- Himkok is a bar that makes its own prize-winning gin (hence the name, meaning ‘moonshine’): <https://www.himkok.no>
- Torggata botaniske – a bar with seasonal cocktail menus: <https://www.torggatabotaniske.no>
- Feber bar: https://www.facebook.com/feberoslo/?locale=nb_NO
- Internasjonalen bar: <http://www.internasjonalen.no>
- Peloton – cozy Italian place with great pizza: <https://pelotonbar.no/torggata>
- Café Sara – pub/café: <http://cafesara.no>

Along the Aker River (Akerselva):

- Blå is a concert and club venue with a big outdoor area: <https://www.blaaoslo.no>
- Next to Blå you find the twin bars Ingensteds and Bortenfor: <https://www.ingensteds.no/bortenfor>
- Vulkan: food court with many restaurants around it: <https://mathallenoslo.no>

The area of **Grünerløkka** is filled with bars, cafés, and restaurants, for example:

- Ben Reddik – meze restaurant with excellent food: <https://www.benreddik.no>
- Le Benjamin – up-scale French cuisine: <https://lebenjamin.no>
- Markveien Mat og Vinhus – cozy atmosphere with great French cuisine: <https://www.markveien.no>
- Den lille ostebutikken (The Little Cheese Shop): <https://ostebutikken.com>
- Südøst – Asian fusion restaurant: <https://www.sudost.no/hjem>
- Radio – bar with food and quirky atmosphere: <https://visitlokka.no/directory-visitlokka/listing/radio/>
- Trattoria Popolare – Popular Italian restaurant: <https://www.popolare.no>
- Schaukjelleren mikrobryggeri – micro-brewery <https://www.visitnorway.no/reisemal/ostlandet/oslo/listings-oslo/schouskjelleren-mikrobryggeri/23487/>

Sentral Oslo / Grønland:

- Oslo Mekaniske Verksted – good for beer and outdoor drinking: <https://www.oslomekaniskeverksted.no>
- Golden Chimp – Asian restaurant with great dumplings: <https://www.thegoldenchimp.no>

Bjørvika is an area that is relatively recently developed and there are a lot of different places here. Some suggestions are:

- Centropa – Restaurant at the Deichman Public Library (which is worth seeing in itself!) <https://www.centropa.no>
- Hammerhai – bar with quirky cocktails: <https://oslobukta.no/oppdag/hammerhai/>
- Bistro Tolvte is a restaurant on the 12th floor of the Munch Museum <https://www.munchmuseet.no/en/visit-us/food-drink-munch/> (and there is a rooftop bar at the top of the museum, Kranen bar)

Restaurants at **Tjuvholmen**: (There are plenty of restaurants on Aker Brygge which leads out to Tjuvholmen, but they vary in quality. It is more of a “beer by the waterfront”-kind of place in my opinion). If you want to eat in this area, I suggest for instance:

- Hanami: <https://hanami.no>
- The Salmon: <https://www.thesalmon.no/en/the-restaurant>

Activities in Oslo:

- Check out the Future Library at Deichman: <https://www.futurelibrary.no/#/the-artwork>
- Along the harbor of Bjørvika you can enjoy a sauna and a swim: <https://koknorge.no/en/kok-oslo/> and <https://www.salted.no>
- The National Museum – it has an exhibition with Louise Bourgeois on now, as well as many exhibitions of different artforms and artefacts, and a nice café/restaurant: <https://www.nasjonalmuseet.no>
- The Munch Museum: See one of the most famous paintings in the world, which is on display together with Munch’s variations on the scream theme: <https://www.munchmuseet.no/en/>
- The Botanical Gardens, which houses the Natural History Museum: <https://www.nhm.uio.no/english/exhibitions/botanical-garden/index.html>
- Vigelandmuseet and the Vigeland Park (Frognerparken): <https://vigeland.museum.no/en>
- The Historical Museum – currently has an exhibition with Viking artefacts: <https://www.historiskmuseum.no/english/>
- Folkemuseet – a museum about how people have lived in Norway from the 1500 to our present time – here you can visit a traditional Stave Church for instance: <https://norskfolkemuseum.no/en>
- The Ekeberg Park – a sculpture park of “female figures” of different kinds (donated to the city by eccentric businessman and art collector Christian Ringnes): <https://ekebergparken.com/en>
- There is also a restaurant at Ekeberg with a view of the whole city and the fjord: <https://www.ekebergrestauranten.com/>

For more information about Oslo, see: <https://www.visitoslo.com/en/>

If you can navigate Norwegian, the page **Mer av Oslo** has many good recommendations:
<https://meravoslo.no>